

Transforming Wound Care Delivery



A Multidisciplinary Approach

Presenters

- Janet Madigan, MS, RN, NEA-BC
Vice President, Patient Care Services, CNO
- Gail Slotnick, MBA, RN BC
Director, Wound Care Program
- Mary Beth Urquhart, RN, MBA, CPHQ
Vice President, Quality, Risk and Compliance



Key Points of Discussion

- Background
- Pressure Points
- Team-based interventions/initiatives
- Evolution with outcomes
- Short and long-term goals

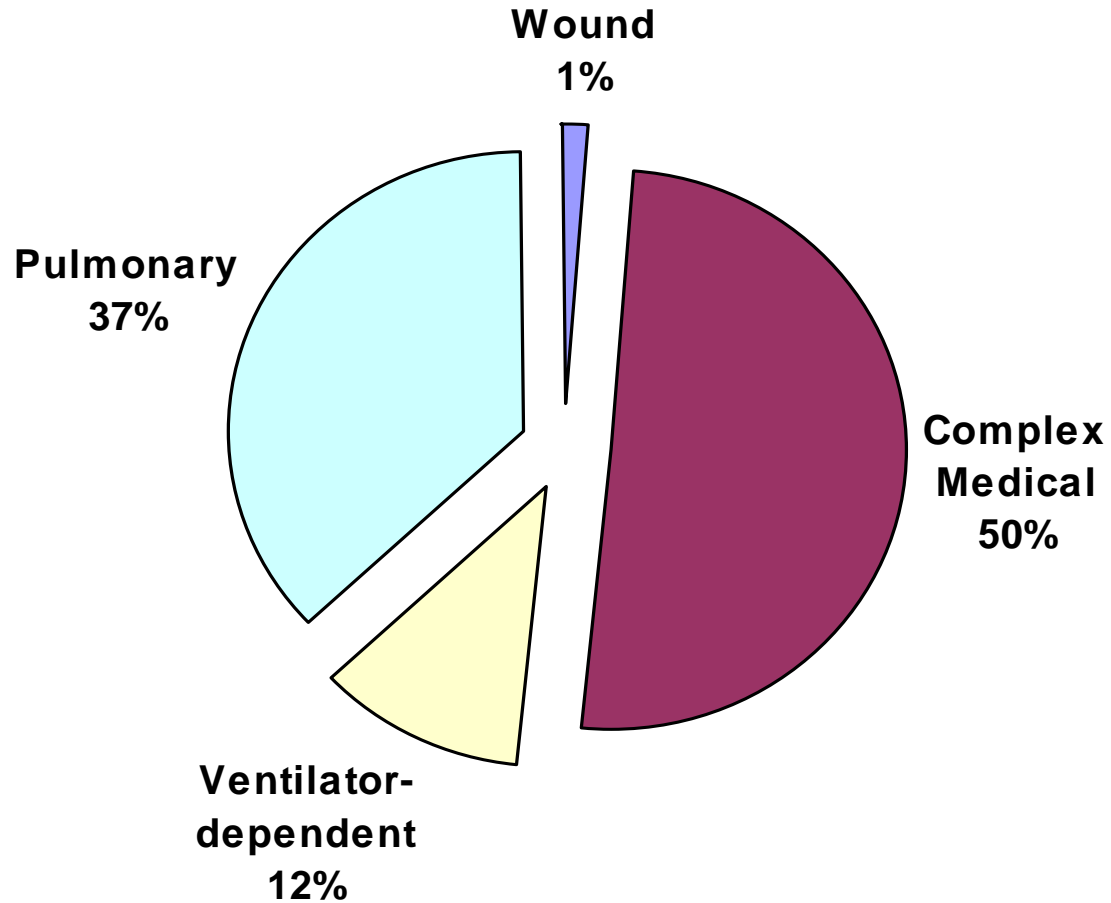


Background

- NE Sinai nationally recognized center of pulmonary and rehab excellence
- Referral population diverse and predictably unpredictable
- Acuity level climbing over time
- *Skin failure rarely making it to problem list - historically below benchmark incidence and prevalence*

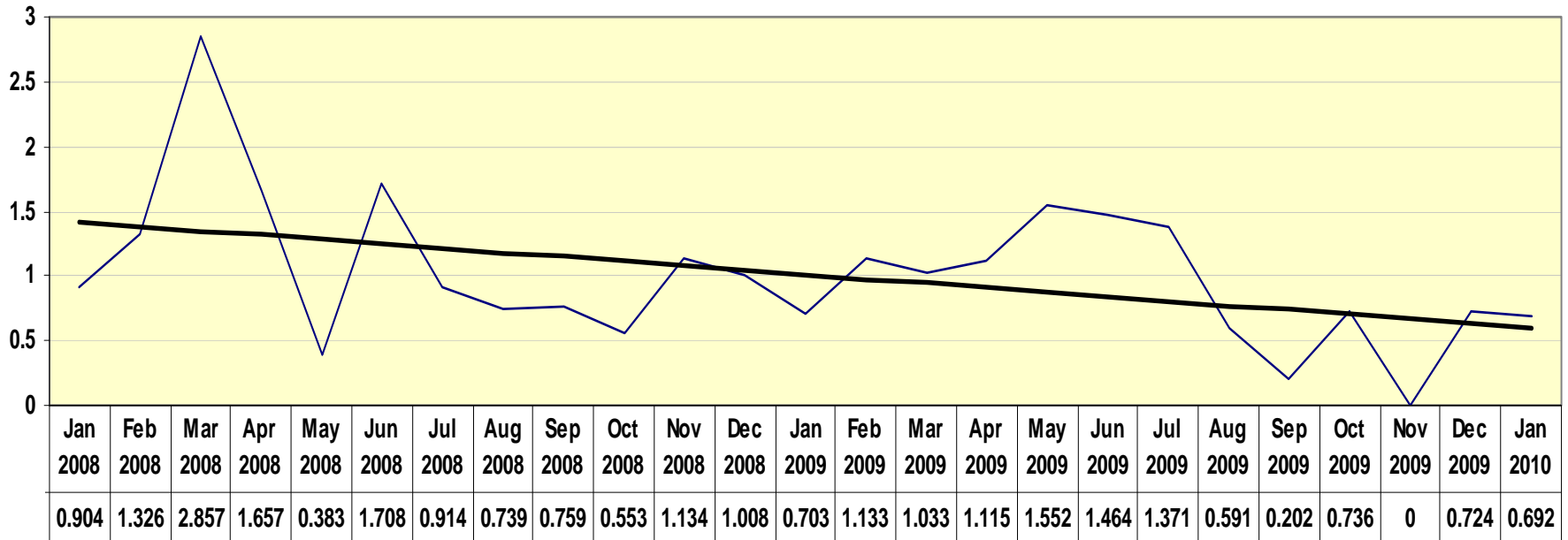


Distribution of Sinai Patients by Admission Type New England Sinai Hospital *



**38% of patients have diabetes*

New England Sinai Hospital Incidence of Hospital-acquired Pressure Ulcers Jan 08 - Jan 10



Programmatic Focus and A+ Report Card 2007-2008

- Investments in new mattresses (pressure redistribution) all beds
- Standardized skin/wound care product line
- Focused education

PUP Rate March 2007 10.2% → PUP Rate September 2008 **4.8%**



Events Timeline

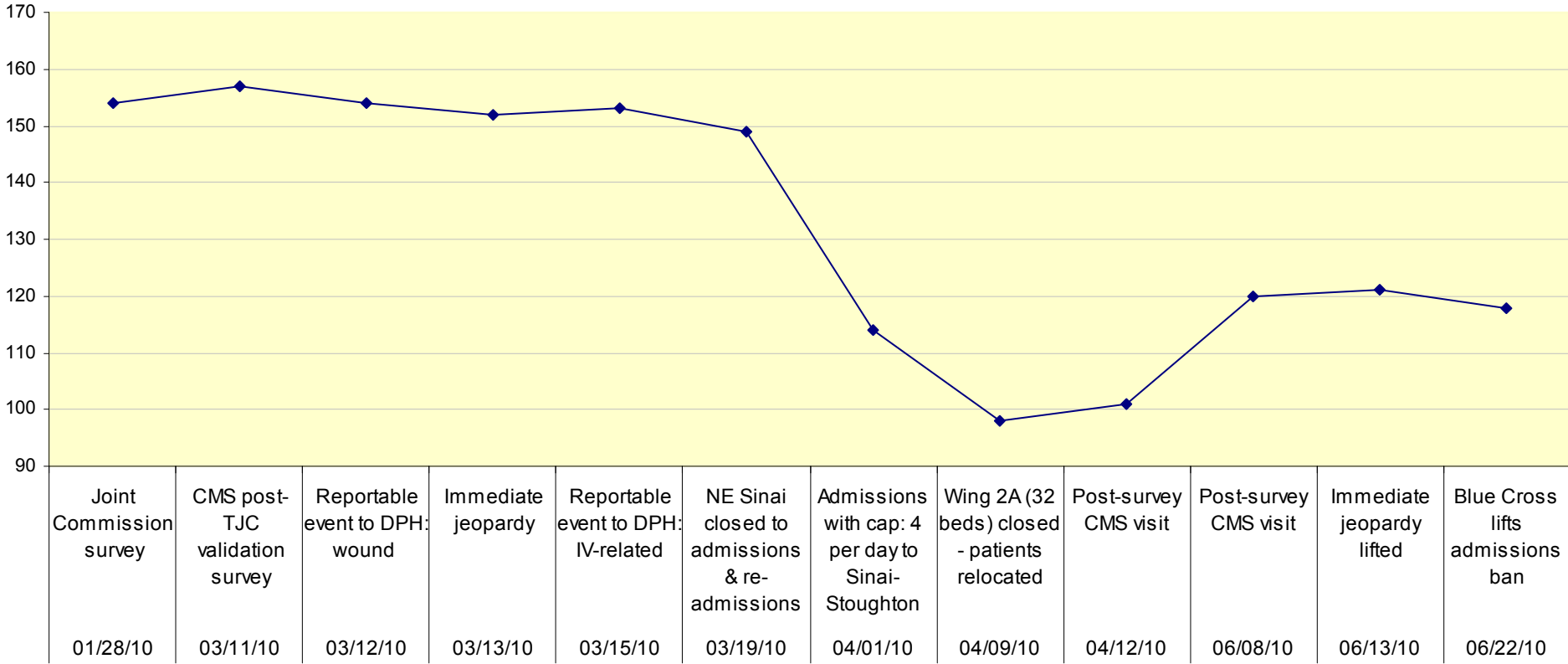
- January 28, 2010** Joint Commission survey
- March 11, 2010** CMS post-TJC validation survey
- March 12, 2010** Reportable event to DPH: wound
- March 13, 2010** Immediate jeopardy
- March 13, 2010** 100% daily monitoring/rounding all patients
- March 15, 2010** Reportable event to DPH: IV-related
- March 19, 2010** NE Sinai closed to admissions & re-admissions
- March 19, 2010** Media/healthcare consultant engagement
- March 19, 2010** Appointment of medical director, quality & safety
- March 24, 2010** Wound team multidisciplinary rounds - all wounds
 - April 1, 2010** Admissions with cap: 4 per day to Sinai-Stoughton
 - April 9, 2010** Wing 2A (32 beds) closed - patients relocated
 - April 12, 2010** Post-survey CMS visit
 - April 15, 2010** Appointment of medical director, inpatient wound
 - April 29, 2010** Mock survey with consultants
 - June 8, 2010** Post-survey CMS visit
 - June 13, 2010** Immediate jeopardy lifted
 - June 22, 2010** Blue Cross lifts admissions ban



Events vs. Census

Events Timeline vs. Census

Census at Stoughton campus



Immediate Jeopardy: Definition and Triggers*

“A situation in which the provider’s noncompliance with one or more requirements of participation has caused, or is likely to cause, serious injury, harm, impairment, or death to a resident.” (See 42 CFR Part 489.3.)

“**Triggers**” alert surveyors that some circumstances may have the potential to be identified as Immediate Jeopardy situations and therefore require further investigation before any determination is made. A detailed review of three sample cases “walk” surveyors through the steps necessary to carefully analyze and accurately determine whether or not an Immediate Jeopardy situation exists.



Immediate Jeopardy Principles*

- Only ONE INDIVIDUAL needs to be at risk. Identification of Immediate Jeopardy for one individual will prevent risk to other individuals in similar situations.
- Serious harm, injury, impairment, or death does NOT have to occur before considering Immediate Jeopardy. The high potential for these outcomes to occur in the very near future also constitutes Immediate Jeopardy.
- Psychological harm is as serious as physical harm.
- Individuals must not be subjected to abuse by anyone including, but not limited to, entity staff, consultants or volunteers, family members or visitors.
- Serious harm can result from both abuse and neglect.
- When a surveyor has established through investigation that a cognitively impaired individual harmed an individual receiving care and services from the entity due to the entity's failure to provide care and services to avoid physical harm, mental anguish, or mental illness, this should be considered neglect.
- Any time a team cites abuse or neglect, it should consider Immediate.



IJ Trigger Issue Failure to Prevent Neglect (#2 of 10)*

Triggers 1-15:

1. Lack of timely assessment of individuals after injury;
2. Lack of supervision for individual with known special needs;
3. Failure to carry out doctor's orders;
4. Repeated occurrences such as falls which place the individual at risk of harm without intervention;
5. Access to chemical and physical hazards by individuals who are at risk;
6. Access to hot water of sufficient temperature to cause tissue injury;
7. Non-functioning call system without compensatory measures;
8. Unsupervised smoking by an individual with a known safety risk;
9. Lack of supervision of cognitively impaired individuals with known elopement risk;
10. Failure to adequately monitor individuals with known severe selfinjurious behavior;
11. Failure to adequately monitor and intervene for serious medical/surgical conditions;
12. Use of chemical/physical restraints without adequate monitoring;
13. Lack of security to prevent abduction of infants;
14. Improper feeding/positioning of individual with known aspiration risk; or
15. Inadequate supervision to prevent physical altercations.

Reportable Event: Wound Care Issue

- On admission, the patient, age 70, was noted to have “Stage II pressure ulcers” on each buttock and the right hip by the admission nurse. However, the wound nurse admission note indicates that there were areas of darker skin tone across buttocks (patient is dark-skinned) which may have indicated deep tissue injury. Over the course of many months, these ulcers worsened and ultimately presented as “unstageable” at the buttocks region and down to exposed tendon (Stage IV by definition) in the right hip.
- Contributing Factors: Sepsis, respiratory failure, s/p CVA with hemiplegia, C. Diff + with diarrhea incontinence and incontinence related dermatitis, severe protein malnutrition, upper extremity rigidity with contractures. In addition, patient decannulated himself (tracheotomy) and needed to be restrained with mitts on for most of admission to protect his airway.



Root Cause Analysis: Reportable Wound

Is this a root cause of the event?
If YES, is an action plan indicated?

| Contributing Factors | If YES, what contributed to this factor being an issue? | | Is this a root cause of the event? | | If YES, is an action plan indicated? | | |
|---|---|----|--|----|--------------------------------------|----|--|
| | YES | NO | YES | NO | YES | NO | |
| Issues related to patient assessment? | X | | The nurse who performed the initial assessment did not review the patient's medical history prior to seeing patient, thus, was not aware of patient's CVA with hemiplegia and risk thereof. No evidence of medical staff assessment of wound status. | X | | X | |
| Issues related to staff training or staff competency? | X | | On 2/22/10, the wound was re-classified as a Stage IV. At this time, the wound nurse should have communicated the presence of a Stage IV ulcer to the attending physician, the supervisor, the Nurse Manager and Risk Management. | | X | X | |
| Equipment/device? | X | | In retrospect, the wounds may have been better supported if the patient had been placed on a low air loss mattress. | X | | X | |
| Environment? | | X | | | | | |
| Lack of or misinterpretation of information? | X | | See above | X | | X | |
| Communication? | X | | Patient was seen by all 3 wound nurses. No formal hand-off communication process was in place. Not all wound staff aware of PMH. | X | | X | |
| Appropriate rules/policies/procedures? | X | | Failure in internal incident reporting. | | X | X | |
| Documentation | X | | Staff nurse documentation within Meditech was inconsistent. | | X | | |
| Supervisory issues? | X | | On 2/22/2010 when the right hip ulcer was excisionally debrided to the level of tendon. There is no evidence of physician supervision or competency assessment for wound staff in performing this high risk procedure. | X | | X | |

| Strategies for Improvement | Measure(s) of Effectiveness | Responsible Person(s) |
|--|---|---|
| <p>Action item #1: Assessment: The wound clinical specialist will review staging criteria with wound nurses. She will reinforce the importance of review of medical history prior to patient assessment and development of wound interventions. Nursing leadership shall revise Meditech documentation systems and will eliminate staging assessment from staff nurse responsibility. Education of medical staff on wound assessment and documentation</p> | <p>Clinical review of pressure ulcer incidents by the Wound Clinical Specialist. Pressure Ulcer Prevalence Pressure Ulcer Incidence</p> | <ul style="list-style-type: none"> •Wound Clinical Specialist •Vice-President for Nursing •Director of Professional Developmnt •MD supervisor-inpatient wound |
| <p>Action item # 2: Staff training/competency Education of wound staff on staging, internal reporting of Stage III and IV ulcers</p> | <p>Daily wound monitoring Incident Reporting Pressure Ulcer Prevalence Pressure Ulcer Incidence</p> | <p>Wound Clinical Specialists Vice-President for Nursing Director of Professional Development</p> |
| <p>Action Item: # 3 Equipment Device The wound clinical specialist shall develop a treatment algorithm for wound care and use of specialty mattresses.</p> | <p>Daily wound monitoring Incident Reporting Pressure Ulcer Prevalence Pressure Ulcer Incidence</p> | <p>Wound Clinical Specialists Vice-President for Nursing Director of Professional Development</p> |
| <p>Action Item: #4 Information The wound clinical specialist will reinforce the importance of review of medical history prior to patient assessment and development of wound interventions.</p> | <p>Daily wound monitoring Incident Reporting Pressure Ulcer Prevalence Pressure Ulcer Incidence</p> | <p>Wound Clinical Specialists Vice-President for Nursing Director of Professional Development</p> |
| <p>Action item #5: Communication The wound clinical specialist shall develop a hand-off communication system to assure continuity and consistency of wound care. The wound clinical specialist shall revise and augment the weekly wound census report to facilitate communication of wound information. The wound clinical specialist shall conduct weekly staff meetings to review current case load and provide supervision of wound care</p> | <p>Revised hand-off mechanism Augmented wound census report Weekly staff meetings Daily wound monitoring</p> | <p>Wound clinical specialists Director of Professional Development</p> |

| Strategies for Improvement | Measure(s) of Effectiveness | Responsible Person(s) |
|--|---|--|
| <p>Action Item # 6 Policies and Procedures</p> <p>All wound care staff will be educated on requirements for internal and external incident reporting</p> | <p>Incident Reporting Pressure Ulcer Prevalence Pressure Ulcer Incidence</p> | <p>Wound clinical specialists Director of Professional Development</p> |
| <p>Action item #7: Documentation</p> <p>Professional development shall revise Meditech documentation processes and shall educate all nursing staff on the revisions. The medical staff shall be re-educated on documentation requirements for pressure ulcers.</p> | <p>Medical Staff meeting minutes Revised documentation policies. Staff education records.</p> | <p>Director of Professional Development and CMO Surgeon Supervision</p> |
| <p>Action item #8: Supervision/Training</p> <p>Effective 3/15/2010, the Director of Professional Development assumed responsibility for management oversight of the wound care program. The clinical wound specialist shall educate all wound staff about staging criteria and reporting requirements. The Director of Professional Development and the wound clinical specialist shall develop competency assessment tools for all wound staff. Nursing leadership shall review the current practice for obtaining informed consent e.g. must only be obtained by an MD,PA, NP or clinical specialist (for serial excisional debridements only).</p> | <p>Revised Organizational Chart New Competency Assessment Tool Staff educational records</p> | <p>Director of Professional Development Vice-President for Nursing</p> |
| <p>Action item #9: Policies and Procedures</p> <p>The clinical wound specialist shall develop a treatment algorithm for wound care and use of specialty mattresses.</p> | <p>Revised policies and procedures</p> | <p>Wound clinical wound specialists Director of Professional Development</p> |

Searching for Best Practice

- More diversity than commonality despite standard patient population
- Diverse care product and support surface use
- *Consensus* on:
 - ❖ raising awareness
 - ❖ increasing educational efforts
 - ❖ embedding safety tools
 - ❖ standardization of processes
 - ❖ monitoring quality
 - ❖ continuous/consistent communication



Searching for Best Practice

CLINICAL REVIEW

CLINICIAN'S CORNER

Treatment of Pressure Ulcers A Systematic Review

Madhuri Baidya, MD, MSc
Sudheep S. Gill, MD, MSc
Sandeep H. Kulkarni, MEdS, MD
Wei Wu, MSc
Peter J. Anderson, BA
Paula A. Rochon, MD, MPH

Pressure ulcers are serious localized damage to the skin and underlying tissues that usually develop over bony prominences such as the sacrum or heels.¹⁻⁴ These lesions are an important source of suffering for patients and their caregivers. Pressure ulcer prevalence varies widely depending on patient factors (eg, age, physical impairments) and treatment setting.^{5,6} Treatment strategies for pressure ulcers can be both costly and complex. Hundreds of different mattresses and local wound care products are currently promoted,⁷ and few have been evaluated in randomized controlled trials (RCTs). It remains unclear which of the many available treatments promote the most effective healing of pressure ulcers.^{8,9}

While several effective strategies to prevent pressure ulcers exist,¹⁰ many patients continue to develop them. This is especially true in high-risk settings such as acute care hospitals, in which patients have reduced mobility.^{11,12} Thus, clinicians require an understanding of effective treatment options. We examined the evidence supporting interventions for the treatment of pressure ulcers.

CMC available online at www.jama.com and online.jama.com on p. 2647.

Context: Many treatments for pressure ulcers are promoted, but their relative efficacy is unclear.

Objective: To systematically review published randomized controlled trials (RCTs) evaluating therapies for pressure ulcers.

Data Sources and Study Selection: The databases of MEDLINE, EMBASE, and CINAHL were searched from inception through August 22, 2008 to identify relevant RCTs published in the English language.

Data Extraction: Methodological characteristics and outcomes were extracted by 2 investigators.

Data Synthesis: A total of 103 RCTs met inclusion criteria. Of these, 87 did not provide sufficient information about authors' potential financial conflicts of interest. Methodological quality was variable. Most trials were conducted in acute care (68 [27%]), mixed care (24 [24%]), or long-term care (12 [21%]) settings. Among 12 RCTs evaluating support surfaces, no clear evidence favored one support surface over another. No trial compared a specialized support surface with a standard mattress and repositioning. Among 7 RCTs evaluating nutritional supplements, 1 higher-quality trial found that protein supplementation of long-term care residents improved wound healing compared with placebo (improvement in Pressure Ulcer Scale for Healing mean [SD] score of 2.55 [4.66] vs 3.22 [4.11], respectively; P < .05). Other nutritional supplement RCTs showed mixed results. Among 14 RCTs evaluating absorbent wound dressings, 1 found calcium alginate dressings improved healing compared with debrider/sterile pads (mean wound surface area reduction per week, 2.29 cm² vs 0.27 cm², respectively; P < .001). No other dressing was superior to alternatives. Among 9 RCTs evaluating biological agents, several trials reported benefits with different topical growth factors. However, the incremental benefit of these biological agents over less expensive standard wound care remains uncertain. No clear benefit was identified in 21 RCTs evaluating adjunctive therapies including electric current, ultrasound, light therapy, and vacuum therapy.

Conclusions: Little evidence supports the use of a specific support surface or dressing over other alternatives. Similarly, there is little evidence to support routine nutritional supplementation or adjunctive therapies compared with standard care.

METHODS

The databases of MEDLINE, EMBASE, and CINAHL were searched from inception through August 22, 2008, to identify relevant RCTs. The following search terms were used: pressure ulcer, pressure sore, decubitus, bed sore, chronic wound, treatment, therapy, management, randomized, and

Author Affiliations: Department of Medicine, Hebrew Rehabilitation Center, Division of Geriatrics, Harvard Medical School, Boston, Massachusetts (Dr Baidya); Division of Geriatric Medicine, Departments of Medicine and Community Health and Epidemiology, Queen's University, Kingston, Ontario, Canada (Dr Gill); Eastern General Hospital, Toronto, Ontario, Canada (Dr Kulkarni); and Division of Geriatrics, University of Toronto, Toronto, Ontario, Canada (Dr Rochon).
Corresponding Author: Madhuri Baidya, MD, MSc, Hebrew Rehabilitation Center, 1200 Centre St, Boston, MA 02131 (baidya@rics.bwh.harvard.edu).
Clinical Review Conflict of Interest: Dr Rochon has received honoraria from the National Institutes of Health, University of Toronto, and the Department of Medicine, University of Toronto.

**“Treatment of Pressure Ulcers – A Systematic Review,” (Ready, et al., 2008)
JAMA reprint December 10, 2008, Vol 300(22), pp.2647-2642.**

“Many treatments for pressure ulcers are promoted, but their relative efficacy is unclear.”


“There is little evidence from RCTs to justify the use of 1 support surface or dressing over alternatives. Similarly, there is little evidence to justify the routine use of nutritional supplements, biological agents, and adjunctive therapies compared with standard care. Clinicians should make decisions regarding pressure ulcer therapy based on fundamental wound care principles, cost, ease of use, and patient preference.”



First Response

- Media consultant
- Safety and quality consultants/additional resources
- Project management support
- Wound care medical expert
- Immediate interventions to assure daily environmental assessment
- *Transparency*

Daily Rounding



NE Sinai Hospital Monitoring Tool

Date _____ Auditor Initials _____

Unit (circle one): 1AN 1AS 1BN 1BS 1C 2AN 2AS 2CN 2CS Sinai-Tufts Sinai-Carney

Attach Patient Addressograph Sticker Here

| Circle Wound Type | Body Location | Evidence of Wound inspected Y/N | Wound document current Y/N | IV site inspected | IV site documented | If PICC: [1] Length in cms [2] Length document. on admission | If Restraint: Documented [1] Current Order [2] Nursing assess least restrictive | Direct Observ. Staff/Family in compliance | Precaution Signage in place |
|--|---------------|--|-------------------------------|--|--|--|--|--|--|
| Wound #1/PU#1 | | Y <input type="checkbox"/> /N <input type="checkbox"/> | | | | | | | |
| Wound #2/PU#2 | | Y <input type="checkbox"/> /N <input type="checkbox"/> | | | | | | | |
| Wound #3/PU#3 | | Y <input type="checkbox"/> /N <input type="checkbox"/> | | | | | | | |
| Wound #4/PU#4 | | Y <input type="checkbox"/> /N <input type="checkbox"/> | | | | | | | |
| IV Access Y <input type="checkbox"/> /N <input type="checkbox"/> Type: | | | | Y <input type="checkbox"/> /N <input type="checkbox"/> | Y <input type="checkbox"/> /N <input type="checkbox"/> | [1] _____ cms [2] _____ adm.cms | | | |
| Restraint Y <input type="checkbox"/> /N <input type="checkbox"/> Type: | | | | | | | [1] Y <input type="checkbox"/> /N <input type="checkbox"/> [2] Y <input type="checkbox"/> /N <input type="checkbox"/> | | |
| IC Precautions Y <input type="checkbox"/> /N <input type="checkbox"/> Type: | | | | | | | | Y <input type="checkbox"/> /N <input type="checkbox"/> | Y <input type="checkbox"/> /N <input type="checkbox"/> |
| Other: | | | | | | | | | |

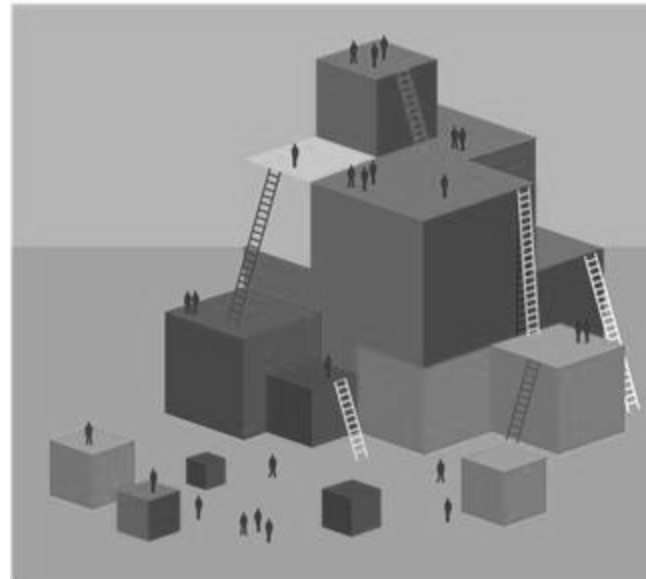
Personnel Re-alignment

Leadership

Chief Quality Officer

Wound Program

Director, Wound Care
Consultants, Provider/Nursing



Medicine

Director, Inpatient Wound Care

Nursing

Resource Nurses

Reporting Problem: Raising Awareness

From: Urquhart, Mary Beth

Sent: Saturday, March 20, 2010 6:56 PM

To: Physicians Assistants; Nurse Coordinators; Nurse Managers; Department Managers; Department Heads; Perrotta, Barbara; Terceira, Kathy; White, Alexander C.; Villarini, Althea; Assistant Nurse Managers

Subject: Important Clarification about Incident Reporting

Hello everyone. This message is to clarify current expectations for staff related to internal incident reporting. I believe you are all aware that the following events must be reported to me, via incident report, within 3 days:

- ❖ Pressure ulcers
- ❖ Falls
- ❖ Complaints
- ❖ Med Errors
- ❖ Treatment errors
- ❖ Elopements
- ❖ Suicidal ideation
- ❖ Injury to patient or visitor
- ❖ Skin tears
- ❖ Unsafe conditions
- ❖ Code Yellows
- ❖ AMA discharges
- ❖ Lost items
- ❖ Equipment malfunctions

Effective immediately, and as part of our Immediate Jeopardy response plan, I am now requesting that you instruct staff to report these incidents to me within 24 hours rather than 3 days. I will make necessary changes to the Incident Report policy as soon as possible.

Also, please add the following to the list of events which must be reported to me within 24 hours:

- ❖ All IV infiltrations specifying location, appearance, type of IV
- ❖ Unstageable, Stage 3 or Stage 4 pressure ulcers that develop at Sinai
- ❖ All PICC line occlusions or complications
- ❖ Disruptive behavior
- ❖ ANY other unusual occurrence

Serious incidents should be phoned to me immediately regardless of day or time.

In summary, I am requesting that you educate all staff about the change in timeframe for reporting internal incidents (ALL reports within 24 hours). Finally, please initiate reporting of any and all of the last 4 event types.

Thank you and please do not hesitate to call with any questions. Mary Beth Urquhart

Wound Registry: Census and Demographic Data

| New England Sinai Hospital (M-F) Wound Registry as of 05/09/11 | | | | | | | | | | | | | | | |
|--|------|----------------------|-----------|------------|------------------------|----------------|---------------------|--------------------|--------------------|---------------|-----------|------------------------|-----------|---------------------------------------|-------------------------|
| Room | Name | Physician | Billing # | Admit Date | 1st Wound RN Consulted | Wound Location | Stage or Descriptor | Validation by WCRN | Validation Comment | Origin POA/HA | Date Seen | Wound Team Monitor=QDW | Wound VAC | Mattress: LAL=LowAirLoss AF=Clinitron | Comments: Dispo/Healing |
| 1 IBN Donna Metcalf, x1343, pager 8303 | | | | | | | | | | | | | | | |
| 5 | 132 | [REDACTED] | N | Weinreb | 4/8/2011 | 4/8/2011 | Abdomen | dehisced | | POA | 5/3/2011 | | | | |
| 6 | 126 | [REDACTED] | T | Weinreb | 4/22/2011 | 4/22/2011 | L foot | surgical | | POA | 5/5/2011 | | | | D/C |
| 7 | | as above | | | | | L heel | unstageable | | POA | 5/5/2011 | | | | |
| 8 | | as above | | | | | R heel | stage 3 | | POA | 5/5/2011 | | | | |
| 9 | | as above | | | | | r foot | DFU | | POA | 5/5/2011 | | | | |
| 10 | | as above | | | | | L flank | abrasion | | POA | 5/5/2011 | | | | |
| 11 | | as above | | | | | R hand | skin tear | | H/A | | | | | |
| 12 | 134 | [REDACTED] | R | Weinreb | 4/27/2011 | 4/27/2011 | L LE | incision | intact | POA | 5/3/2011 | | | | |
| 13 | | as above | | | | | L5th toe | necrotic | | POA | 5/3/2011 | | | | |
| 14 | 127 | [REDACTED] | A | | 4/20/2011 | 4/20/2011 | L gt toe | DFU | | POA | 5/2/2011 | | VAC | | |
| 15 IBS Donna Metcalf, x1343, pager 8303 | | | | | | | | | | | | | | | |
| 16 | 142 | [REDACTED] hague | Berhanie | | 04/04/11 | 04/04/11 | L LE | venous | | POA | 4/26/2011 | | | | resolved |
| 17 | | as above | | | | | R LE | venous | | POA | 5/3/2011 | | | | |
| 18 | 144 | [REDACTED] | M | Berhane | 04/15/11 | 04/15/11 | Nasal | cavity | | POA | 5/3/2011 | | | | |
| 19 | 141 | [REDACTED] | M | | 04/12/11 | 04/12/11 | R GROIN | incision | | POA | 4/27/2011 | | | | |
| 20 | | as above | | | | | R HEEL | DFU | | POA | 4/27/2011 | | | | |
| 21 | 145 | [REDACTED] Landsberg | E | Weinreb | | | R shin | skin tears | | | | | | | |
| 22 | | [REDACTED] | C | Berhane | | | R hand | skin tears | | H/A | | | | | D/C |
| 23 | | as above | | | | | L UE | skin tears | | | | | | | |
| 24 | | [REDACTED] on | | | | | L calf | skin tears | | H/A | | | | | |
| 25 | | | | | | | | | | | | | | | |
| 26 | | | | | | | | | | | | | | | |
| 27 | | | | | | | | | | | | | | | |
| 28 | | | | | | | | | | | | | | | |

Staging Responsibilities Restricted

Wound Care and providers only

Documentation Aligned with Workflow - PAPER



- Clear, visual chronology of care
- ↑ ease of access
- Plan of care and weekly status
- Wound care RN input
- Educational/Staging tools
- Protocols
- Standard across all 3 campuses

Paper Record – Skin and Wound Section

Contents

- Pressure Ulcer Staging Tool
- Standard skin & wound care protocols
- Nursing care plan
 - weekly or with changes
- Assessment/Photo-doc forms
 - on discovery
 - on admission
 - weekly or worsening wound

Advantages/Benefits

- Ease of use for all stakeholders
- Provides clear chronology of course of illness
- Supports staff in recognizing change in condition and earlier intervention

Paper Medical Record – Skin and Wound Section

Pressure Ulcer Staging

| | | |
|--|---|--|
| Pressure Ulcer (definition) | A pressure ulcer is localized injury to the skin and/or underlying tissue usually over a bony prominence, as a result of pressure, or pressure in combination with shear and/or friction. A number of contributing factors are also associated with pressure ulcers; the significance of these factors is yet to be elucidated. | |
| Suspected Deep Tissue Injury (STDI) | Purple or maroon localized area of discolored intact skin or blood-filled blister due to damage of underlying soft tissue from pressure and/or shear. The area may be preceded by tissue that is painful, firm, mushy, boggy, warmer or cooler has compared to adjacent tissue. | Deep tissue injury may be difficult to detect in individuals with dark skin tones. Evolution may include a thin blister over a dark wound bed. The wound may further evolve and become covered by thin eschar. Evolution may be rapid, exposing additional layers of tissue event with optimal treatment. |
| Stage I | Intact skin with non-blanchable redness of a localized area usually over a bony prominence. Darkly pigmented skin may not have visible blanching; its color may differ from surrounding area. | This area may be painful, firm, soft, warmer or cooler as compared to adjacent tissue. Stage I may be difficult to detect in individuals with dark skin tones. May indicate "at risk" persons (a heralding sign of risk). |
| Stage II | Partial thickness loss of dermis presenting as a shallow open ulcer with a red pink wound bed, without slough. May also present as an intact or open/ruptured serum-filled blister. | Presents as a shiny or dry shallow ulcer without slough or bruising. This stage should not be used to describe skin tear, tape burns, perineal dermatitis, maceration or excoriation. Bruising indicates suspected deep tissue injury. |
| Stage III | Full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining or tunneling. | The depth of a stage III pressure ulcer varies by anatomical location. The bridge of the nose, ear, occiput and malleolus do not have subcutaneous tissue and stage III ulcers can be shallow. In contrast, areas of significant adiposity can develop extremely deep stage III pressure ulcers. Bone/tendon is not visible or directly palpable. |
| Stage IV | Full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. Often includes undermining and tunneling. | The depth of a stage IV pressure ulcer varies by anatomical location. The bridge of the nose, ear, occiput and malleolus do not have subcutaneous tissue and these ulcers can be shallow. Stage IV ulcers can extend into muscle and/or supporting structures (e.g. fascia, tendon or joint capsule) making osteomyelitis possible. Exposed bone/tendon is visible or directly palpable. |
| Unstageable | Full thickness tissue loss in which the base of the ulcer is covered by slough (yellow, tan, green or brown) and/or eschar (tan, brown or black) in the wound bed. | Until enough slough and/or eschar is removed to expose the base of the wound, the true depth, and therefore stage, cannot be determined. Stable (dry, adherent, intact without erythema or fluctuance) eschar on the heels serves as the body's natural (biological) cover and should not be removed. |



Non-Surgical Skin, Wound and Pressure Ulcer Care Protocol – All orders must be written on medication order sheet

| | | | |
|--|--|--|--|
| RASH | | | |
| Minor rash -Intact skin | Excessive moisture and/or incontinence associated dermatitis | | 1. Cleanse with hygiene foam and water 2. Apply moisture barrier cream each shift and PRN ✓ 3. Consult wound care nurse if rash is generalized or if no improvement in 3 days |
| Major rash -Denuded skin | As above | | 1. Cleanse with hygiene foam and water 2. Apply moisture barrier paste each shift and PRN ✓ 3. Consult wound care nurse if rash is generalized or if no improvement in 3 days |
| Fungal Rash | | | 1. Apply provider ordered antifungal agent(s) as an incontinence barrier. Powdered or dry to moist areas and moist antifungal agent to dry areas. |
| SKIN TEAR -Traumatic partial thickness injury with edges that may be approximated or non-approximated (base dressing on drainage) | | | |
| Extremities | Drainage Dry → minimal | | 1. Cleanse with dermal wound cleanser or normal saline 2. Apply in this order: xeroform (cut to fit), rolled gauze, tape 3. Change daily and PRN ✓ |
| | Drainage Moderate → heavy | | 1. Cleanse with dermal wound cleanser or normal saline 2. Apply in this order: xeroform (cut to fit), ABD pad(s), rolled gauze, tape 3. Change daily and PRN ✓ |
| | Drainage Moderate → heavy And/or with bleeding | | 1. Cleanse with dermal wound cleanser or normal saline 2. Apply in this order: xeroform (cut to fit), alginate or hydrofiber, ABD pad (as needed), rolled gauze, tape 3. Change daily and PRN ✓ |
| Head and Trunk | Drainage Dry → minimal | | 1. Cleanse with dermal wound cleanser or normal saline, apply skin preparation wipe to skin around the wound 2. Apply thin polyurethane foam or hydrocolloid 3. Change weekly and PRN ✓ |
| | Drainage Moderate → heavy And/or with bleeding | | 1. Cleanse with normal saline and skin preparation wipe to skin around the wound 2. Apply one layer of alginate or hydrofiber, cover with adhesive polyurethane foam dressing or non-adherent foam dressing, secure with transparent film 3. Change twice a week and PRN ✓ |
| PRESSURE ULCERS (PU) | | | |
| Stage II PU (partial thickness) Sacral/Coccyx/Buttocks/Hip | | | 1. Clean with hygiene foam, blot dry and apply protective barrier cream each shift, PRN ✓ 2. Turn/tilt patient off affected area at least every two hours |
| Stage II PU (partial thickness) Heel | | | 1. Clean with normal saline or dermal wound cleanser and blot dry 2. Apply xeroform, dry heel cup and secure with rolled gauze and secure with tape 3. Change daily and PRN ✓ 4. Float heels off bed |
| Stage II PU (partial thickness) Other (ears, knees, etc.) | | | 1. Clean with dermal wound cleanser 2. Apply xeroform cut to fit 1-2 cms larger than ulcer 3. Change daily and PRN ✓ |
| Stage III + IV PU (full thickness) Sacral/Coccyx/Hip/Other/ Excludes heel | Drainage Small/Mod/Heavy | | 1. Cleanse with normal saline, apply skin preparation wipe to skin around wound 2. Cover with alginate or hydrofiber dressing (cut to fit 1-2cms larger than ulcer) 3. Cover with ABD pad and secure with tape 4. Change dressing daily and PRN ✓ 5. Turn/tilt patient off affected area at least every two hours 6. Assess patient with each turn and increase turning/tilting frequency as needed 7. Patient may lay supine only for meals |
| Stage III and IV (full thickness) Heel | Drainage Small/Mod/Heavy | | 1. Cleanse normal saline and apply skin preparation wipe to skin around ulcer 2. Apply/tilt with alginate or hydrofiber dressing (cut to fit 1-2cms larger than ulcer) 3. Apply dry heel cup and secure with rolled gauze and secure with tape 4. Change daily and PRN ✓ 5. Float heels off bed |
| Unstageable PU Heel | Dry | | 1. Swab with povidone iodine daily – if no documented allergy 2. Apply dry heel cup and secure with rolled gauze and secure with tape 3. Float heels off bed |
| Unstageable PU Sacral/General/Heel | Open And/or with drainage | | 1. Cleanse with normal saline, apply skin preparation wipe to skin around wound 2. Pack loosely with normal saline moist gauze impregnated with hydrogel 3. Cover with dry, clean dressing, secure with tape (for heels - wrap with rolled gauze and tape and apply heel cup) 4. Change twice a day and PRN ✓ 5. Turn/tilt patient off affected area at least every two hours 6. Float heels off bed |
| Unstageable PU Sacral/General Excluding Heel | Closed and/or dry | | 1. Cleanse with dermal wound cleanser, apply skin preparation wipe to wound edges, cover with adhesive polyurethane foam or hydrocolloid 2. Change every third day and PRN ✓ 3. Turning schedule (patient supine position for meals only) 4. Float heels off the bed |
| Suspected Deep Tissue Injury | | | 1. Relieve pressure (off load heels, turn off affected area) 2. Notify medical provider |

✓ Change dressing PRN if excessive moisture, incontinence, soiled, saturated, dressing dislodged.



Paper Medical Record – Skin and Wound Section



NE Sinai Hospital Wound and Pressure Ulcer (PU) Assessment Form

Date: _____ Patient label here _____

PU/Wound Site (body): _____

Current Braden Scale Score: _____

Note Type (circle one) Admission finding - Post-admission new finding - Change in Status

Wound Type Please circle (add detail to incision or other option)

Pressure Ulcer (PU) _____

Open/non-intact Incision _____

Other _____
[example: arterial/venous stasis/diabetic ulcer]

PHOTO-DOCUMENTATION HERE – ONE WOUND PER PHOTO (patient ID, date, time, nurse/photographer initials)

Photos required (discovery & weekly):

- Any open wound
- Pressure ulcers
- Suspected deep tissue injury [SDTI]
- Dehisced surgical wounds
- Arterial ulcers
- Diabetic neuropathic ulcers
- Venous stasis ulcers

Description – Please circle all that apply

Thickness Partial - Full - Unable to determine

Slough/Eschar/Nerosis 0% 25% 50% 75% 100% NA

Granulation Tissue 0% 25% 50% 75% 100% NA

% Suspected Deep Tissue Injury 0% 25% 50% 75% 100% NA

Coloration/other _____

Structures Visible Yes or No Bone - Tendon - Mesh - Hardware - Fistula
Other (describe) _____

Drainage Yes or No Serous - Serosanguinous - Sanguinous
Other _____

Odor Yes or No Describe _____

Skin around wound Intact
Other (describe) _____

Photos not required :

- Intact Stapled/sutured incisions
- Bruises
- Rashes or areas of redness (not pressure ulcers)
- Stomas
- Fistulas
- G-tubes/J-tubes/Chest tubes
- Skin tears

Measurement – In centimeters

Length _____ Width _____ Depth _____

Undermining Yes: Measurement _____ No

Tunneling Yes: Measurement _____ No

Signature of clinician completing wound description/photo-documentation _____ Date/Time _____

Additional information: _____

Clinician's Signature _____ Date _____ Time _____

Enhanced Electronic Documentation

| | |
|---|--|
| Hair - General | |
| Texture/Quantity/Distribution | <input type="checkbox"/> Brittle <input type="checkbox"/> Coarse <input type="checkbox"/> Fine <input type="checkbox"/> Balding <input type="checkbox"/> Thick <input type="checkbox"/> Thinning <input type="checkbox"/> Sparse |
| Nails - General | |
| Nailbed Color | <input type="radio"/> Pink <input type="radio"/> Pale <input type="radio"/> Cyanotic |
| Texture | <input type="radio"/> Brittle <input type="radio"/> Clubbing <input type="radio"/> Ridging <input type="radio"/> Smooth |
| Nail Comment | <input type="text"/> Please document specific irregularities in finger and toenails |
| Oral Mucous Membranes - General | |
| Color | <input type="radio"/> Pink <input type="radio"/> Pale <input type="radio"/> Cyanotic |
| Hydration | <input type="radio"/> Dry <input type="radio"/> Moist |
| Mucous Membrane Comment | <input type="text"/> Please document any irregularities/lesions or additional findings |
| Tongue Appearance | <input type="checkbox"/> Dry <input type="checkbox"/> Smooth <input type="checkbox"/> Furry <input type="checkbox"/> Beefy <input type="checkbox"/> Furrowed <input type="checkbox"/> Ridged <input type="checkbox"/> Pierced <input type="checkbox"/> Symmetrical <input type="checkbox"/> Assymetrical |
| Tongue Comment | <input type="text"/> Please document any irregularities/lesions or additional findings. |
| Inspection and Palpation of Skin | |
| Temperature | <input type="radio"/> Warm <input type="radio"/> Hot <input type="radio"/> Cool <input type="radio"/> Cold |
| Moisture | <input type="radio"/> Dry <input type="radio"/> Moist <input type="radio"/> Diaphoretic |
| Color | <input type="radio"/> Normal <input type="radio"/> Pink <input type="radio"/> Pale <input type="radio"/> Flushed <input type="radio"/> Erythema <input type="radio"/> Ruddy <input type="radio"/> Dusky <input type="radio"/> Mottled <input type="radio"/> Ashen <input type="radio"/> Cyanotic <input type="radio"/> Tan <input type="radio"/> Jaundiced |
| Hydration - Skin Turgor | <input type="checkbox"/> Elastic <input type="checkbox"/> Loose <input type="checkbox"/> Tight <input type="checkbox"/> Edematous <input type="checkbox"/> Immediate Recoil <input type="checkbox"/> Tenting |
| Texture | <input type="checkbox"/> Smooth <input type="checkbox"/> Rough <input type="checkbox"/> Thick <input type="checkbox"/> Thin <input type="checkbox"/> Scaly <input type="checkbox"/> Oily |
| Additional Findings | <input type="checkbox"/> Not Applicable <input type="checkbox"/> Amputation <input type="checkbox"/> Bruising <input type="checkbox"/> Ecchymosis <input type="checkbox"/> Itching <input type="checkbox"/> Lesions/Moles <input type="checkbox"/> Petichiae <input type="checkbox"/> Scar <input type="checkbox"/> Skin Flap <input type="checkbox"/> Other |
| Other Additional Finding/Comments | <input type="text"/> Explain 'Other' Finding. Please note/describe location, distribution, and/or severity of identified additional findings. |

| | |
|---|--|
| Inspection of Integumentary System | |
| Complete visual inspection done this shift? | <input type="radio"/> Yes <input type="radio"/> No Visual inspection should include skin, skin contact with assistive devices, hair, nails and mucosal membranes. Document any findings in the skin findings section below. If no inspection done, document reason in findings comment. |
| Skin Findings | |
| Finding | <input type="radio"/> None Found <input type="radio"/> Bruising <input type="radio"/> Ecchymosis <input type="radio"/> Itching <input type="radio"/> Redness (Non Pressure*) <input type="radio"/> Other <input type="text"/> * Ulcer or Rash). These are notable on assessment, but do not require treatment. Please communicate this finding to the next shift. Please create an occurrence to document wounds or ulcers. |
| Findings Comments | <input type="text"/> Document any abnormal finding or reason inspection was not done. Please note/describe location, distribution, and/or severity of identified findings. |
| Skin Problem Occurrences - Occurrence #1 | |
| → Location Modifier | <input type="radio"/> Left <input type="radio"/> Left Anterior <input type="radio"/> Left Lateral <input type="radio"/> Left Medial <input type="radio"/> Left Posterior <input type="radio"/> Right <input type="radio"/> Right Anterior <input type="radio"/> Right Lateral <input type="radio"/> Right Medial <input type="radio"/> Right Posterior <input type="radio"/> Medial/Middle <input type="radio"/> Generalized (Lt & Rt) |
| → Location (Body Site) | Select the option that best describes the wound's body site location. <input type="radio"/> Head Occipital <input type="radio"/> Jaw <input type="radio"/> Thumb <input type="radio"/> Sacrum <input type="radio"/> Shin <input type="radio"/> Head Parietal <input type="radio"/> Chin <input type="radio"/> Index Finger <input type="radio"/> Coccyx <input type="radio"/> Ankle <input type="radio"/> Head Temporal <input type="radio"/> Neck <input type="radio"/> Middle Finger <input type="radio"/> Genitalia <input type="radio"/> Foot <input type="radio"/> Head Frontal <input type="radio"/> Shoulder <input type="radio"/> Ring Finger <input type="radio"/> Hip <input type="radio"/> Heel <input type="radio"/> Eye <input type="radio"/> Upper Arm <input type="radio"/> Little Finger <input type="radio"/> Trochanter <input type="radio"/> Great Toe <input type="radio"/> Nose <input type="radio"/> Elbow <input type="radio"/> Chest <input type="radio"/> Buttock <input type="radio"/> Index Toe <input type="radio"/> Cheek <input type="radio"/> Antecubital Fossa <input type="radio"/> Abdomen <input type="radio"/> Ischium <input type="radio"/> Middle Toe <input type="radio"/> Ear <input type="radio"/> Forearm <input type="radio"/> Groin <input type="radio"/> Thigh <input type="radio"/> Fourth Toe <input type="radio"/> Earlobe <input type="radio"/> Wrist <input type="radio"/> Back <input type="radio"/> Knee <input type="radio"/> Little Toe <input type="radio"/> Lips <input type="radio"/> Hand <input type="radio"/> Spine <input type="radio"/> Calf |



Education: Back to Basics – Providers & Nursing



Authors:

Sandra Bergquist-Beringer, PhD, RN, CWCN
Jan Davidson, MSN, RN, ARNP

Planning Team:

Nancy Dunton, PhD
Susan Klaus, PhD, RN
Isis Montalvo, MS, MBA, RN

Pressure Ulcer Training

Module One

Pressure Ulcers and Staging

Module Two

Other Wound Types and Skin Injuries

Module Three

Pressure Ulcer Survey Guide

Module Four

Community vs. Hospital/Unit Acquired Pressure Ulcers

Education: Ongoing

Sinai
NEW ENGLAND HOSPITAL

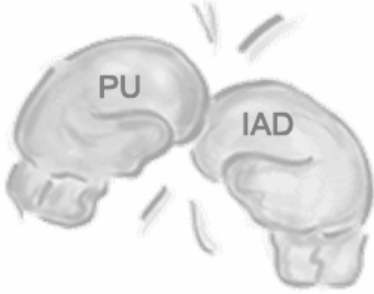
Skin, Wound and Pressure Ulcer Nursing Orientation



Sinai
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Incontinence Associated Dermatitis vs. Pressure Ulcer

*Identification
Diagnosis
Treatment*



NE Sinai Wound Care Team 1-18-11

NDNQIB | Pressure Ulcer... X

Pressure Ulcer Training

- Module One
Pressure Ulcers and Staging
- Module Two
Other Wound Types and Skin Injuries
- Module Three
Pressure Ulcer Survey Guide
- Module Four
Community vs. Hospital/Unit Acquired Pressure Ulcers

[Begin](#)

Sinai
NEW ENGLAND HOSPITAL

Braden Scale Scoring

Developing Inter-rater Reliability

Presented by: Michele Anderson, RN, CWC
July 27-29, 2010

Sinai
NEW ENGLAND HOSPITAL

NE Sinai Team Patient Care Case Review

Multidisciplinary Care of the Patient at High Risk
for Skin Integrity Compromise

NE Sinai Team Patient Care Case Review

Education: Competency Assessment

Sinai HOSPITAL
Skin and Wound Competency Assessment and Validation Tool

Date: _____
 Care Unit: _____

Competency Evaluator:
 Name, Title: _____
 Staff Evaluated:
 Name, Title: _____
 (All clinical staff, unit support staff, direct care providers, MSN/PA, RT, PT, OT, ST, housekeeping, facilities management and dietary)

| Performance Criteria | Educational Material Provided Y/N/NA | Verbalization/ Demonstration/ Observation/ Test VID/OT | Supplemental Education/Competency Validation required (Verbalization, demonstration, observation, test) VID/OT (describe)? |
|---|---|--|--|
| Massachusetts Nurse Practice Act | | | |
| Define the role of the RN in assessment and care planning | | | |
| Define the role of the LPN as participating in data collection and assessment of basic health care data | | | |
| Summarize the role of RN, LPN in delegation | | | |
| Skin Risk Assessment | | | |
| Defines the need for skin risk assessment | | | |
| States the frequency of completing per hospital policy | | | |
| Summarizes the difference(s) between high risk and at risk for skin breakdown | | | |
| Can demonstrate where Braden Scale documentation is placed in the patient's record (Meditech and paper care plan) | | | |
| Skin Assessment | | | |
| Demonstrates knowledge of how to enter an admission assessment into electronic documentation | | | |
| Can articulate how to navigate EMR to review skin and wound documentation | | | |
| Summarizes how and where to initiate skin and wound plan of care | | | |
| Describes pressure ulcer stages | | | |
| Can review a case scenario and properly stage a pressure ulcer | | | |
| General Wound Assessment | | | |
| Can articulate the three aspects of a wound assessment: • Type • Description • Measurement | | | |
| Describes how to properly measure a wound/pressure ulcer: • At baseline • Using a standardized, consistent process for length, width, depth, and tunneling/undermining: Length: length of the wound from head to toe in cms. Width: The aspect perpendicular to the length in cms. Depth: the depth of a cotton tipped applicator from the wound base to skin level in cms. Partial thickness wounds of indeterminate depth are characterized as > 0.7 cm. Undermining/tunneling: Point of cotton tipped applicator contact on the tunnel wall to the surface of the skin in cms. | | | |
| Summarizes the situations and kinds of wounds and pressure ulcers requiring photo-documentation | | | |

- Designed with deep detail
- ↓ inter-rater reliability variation
- Didactic, problem-based
- Simulation training component
- Policy and standards review
 - ❖ Assessment
 - ❖ Description
 - ❖ Dressings/treatments
 - ❖ Products
 - ❖ Documentation

Education: Resource Nurses



NE Sinai Hospital Resource Nurse - Role in Skin and Wound Care Management

The resource nurse provides an additional layer of expertise to nursing and multidisciplinary practice development and implementation at NE Sinai Hospital. Their continuous focus on the skin and wound care needs of all patients includes their involvement in the following processes:

| Role Responsibility | Action Item/Processes | Comment |
|--------------------------|---|--|
| Nursing process | Reviews and facilitates skin and wound care plan development, implementation and follow up for patients assigned to their unit | |
| Skin risk evaluation | <ul style="list-style-type: none"> Reviews Braden scale assessment completion and scores with the nurse/team caring for the patient Collaborates with nurses/team to ensure risk interventions are in place Rounds with the wound team with nurse(s) assigned to patients Develops expertise in safe patient handling and movement to support patient safety Works with nursing assistants, orientees to develop handoff process to enhance risk reduction | |
| Wound care education | <ul style="list-style-type: none"> Reinforces infection control practices for safe and compliant skin and wound care delivery Reviews staging done by wound care nurses and providers with nurses caring for patients Interfaces with school of nursing instructors, students to monitor for safe practice delivery related to skin and wound care | |
| Wound care practice | <ul style="list-style-type: none"> Assists direct care nurses with technical skill development, i.e., dressing changes, product applications, negative pressure therapy application and removal In-services new products and equipment as needed Ensures wound team consults are implemented as ordered Interfaces with bed vendors to ensure proper implementation of specialty beds and orders | |
| Quality monitoring | <ul style="list-style-type: none"> Team leads all pressure ulcer prevalence audit participation on respective unit | Quality indicators assigned per policy |
| | <ul style="list-style-type: none"> monitor quality indicator (oversight of one indicator by each wound care nurse) Monitors all wound and skin documentation | |
| Professional development | <ul style="list-style-type: none"> Develops staging expertise*** Obtains 5 skin and wound care-specific contact hours annually Attends monthly, structured education - hour long programs led by wound care nursing team (products, protocols, case review, nursing research discussion) | |
| Mentoring | <ul style="list-style-type: none"> Advises staff on care and preventative measures Acts as liaison to nurses from wound and skin committee Attends wound care debriefing session once a month | |
| Nursing research | <ul style="list-style-type: none"> Provides one educational article to unit staff meeting discussion per quarter | |

*** Staging competency/expertise is developed over time as a result of experiential learning and didactic, problem-based learning. This will be accomplished by the completion of the following steps:

- Rounding with the wound care team weekly on all patients followed
- Review of photo-documentation in all patient records with the wound care RN assigned to their unit
- Practice in simulation lab using case-based staging scenarios monthly – created and facilitated by wound care nurses as part of ongoing educational sessions

- Layer of clinical expertise for all nurse-sensitive indicators
- Eyes & ears on each care unit
- Liaison to Wound Care Team
- Support direct care nurses in their professional development

Policies & Procedures

- Multidisciplinary rounds weekly
 - *Wound care MD*
 - *Wound care RN*
 - *Direct care nursing personnel*
 - *Nursing leadership*
 - *Medicine*
 - *Nutrition*
 - *Allied health*
- Plan of care nursing, medicine
- Consult process redefined
- Wound care on-call

Embedding Safety Tools

Wound Care RNs

- Assigned “territories”
- Daily inter-team handoff (verbal handoff required)
- Handoff documentation
- On-call policy

Embedding Safety Tools

- Wound Care Registry – wound “reconciliation” tool
- Multidisciplinary Rounds – formal, weekly
- Appointment of Medical Director, Inpatient Wound Care
- Electronic and paper skin & wound documentation revisions
- Standardized wound care protocols
support for off-hours clinicians
- Quality monitoring audits – clinical care/documentation
- Chain of Command policy

Increasing Serious Reportable Events (SREs)

5 wound SREs

March – May 2010



- 8 Stage III or IV hospital acquired pressure ulcers between February and May 2010
- Overall incidence of hospital acquired pressure ulcers was above external benchmark mean



Pressure Ulcer Prevention Team

convened and chaired by VP Quality

Pressure Ulcer Prevention (PUP) Team

MEMBERSHIP

Wound Care
Nutrition
Nursing Informatics
Information Systems
Health Information Management
Purchasing
Occupational Therapy
Nursing
Physicians Assistants
Radiology
Physical Therapy
Case Management
Medicine
Occupational Health
Quality Management
Respiratory
Social Work

GOALS

Identify risks for PU development
Reduce incidence of HAPUs
Implement risk reduction strategies

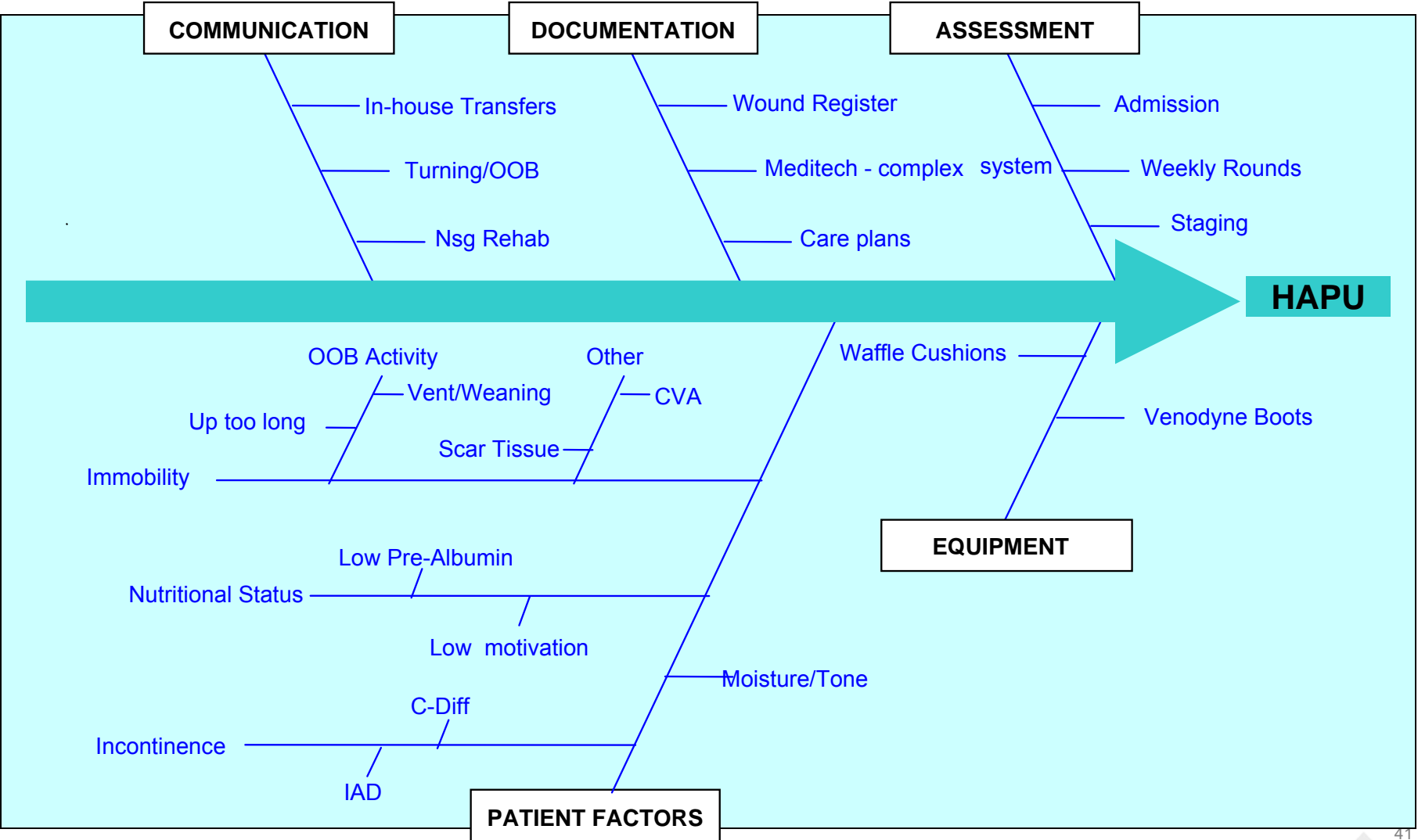
TOOLS

Control Charts
Root Cause Analysis
Common Cause Analysis
Focus Groups
Cause and Effect Diagram
Bar Graphs

Common Cause Analysis

| Knowledge | | | | | | | | | |
|-------------------------------|--|--|---|---|--|-------------------------------------|-------------------------|---|---|
| Communication | Deficit | Equipment | Care Plan | Policy | Documentation | Envir. | Nutrition | Assessment | Patient Factors |
| No hand-off between 3 WCRN's. | Wound staging | Low air loss mattress not used | Lack of medical staff oversight. Debridement by WCRN. | Lack of wound protocols and wound register. | Inconsistent staging of wound by RN's and WCRN | | | CVA with hemiplegia - not factored into care plan/mattress selection No wound assessment by medical staff | CVA with hemiplegia. POA wound. C-Diff |
| | Wound staging | Wound treatments were not ordered by MD or PA. RN acted upon recommendation from WCRN. | Lack of medical staff oversight. Wound prevention strategies not articulated in Nsg care plan. | Lack of wound protocols and wound register. Admitting PA did not order wound consult. | Inconsistent staging. Photodoc not done in a timely manner therefore, not avail to clinical nutrition staff. | | Low pre-albumin | Presence of scar tissue on coccyx and h/o pilonidal cyst not factored into risk assessment and care plan. 9 day gap in between WCRN visits. | Incontinence, agitation, pelvic fx with limited mobility |
| Rehab/Nsg/OT | RN not aware of significance of increased moisture and tone on pressure ulcer risk. Rehab nursing staff not trained on new documentati | Hand splints were attempted but contributed to skin breakdown. | Relationship of moisture, increased tone and wound care not defined. RN oversight of care plan and nursing aides. | Lack of formal process for rehab nursing and documentation | Lack of documentation of rehab nsg interventions | Increased acuity on "chronic" unit. | | | Severe contractures. Increased moisture and tone in hands |
| | | On 4/20/10, pt was kept in static mode on low air loss mattress rather than alternating mode | | | | 4 in-house transfers | Chronic low pre-albumin | | Refractory C-Diff. IAD. Miliary TB |

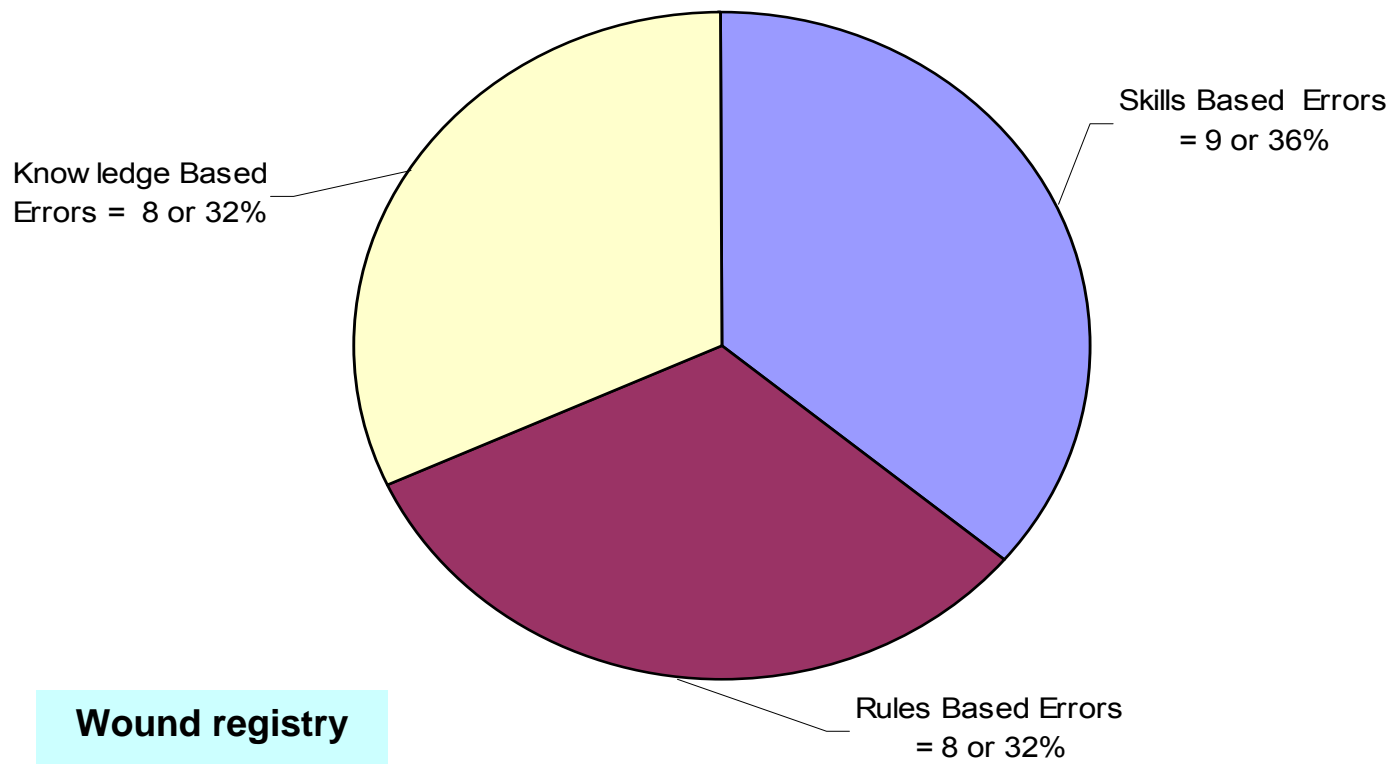
Cause and Effect Diagram



Application Of Generic Error Modeling System To Common Cause Analysis

Patient Risk Factors
Wound Staging

Long Term Patients
In-house transfers



Wound registry
Wound Consults

PUP Team Outcomes

- Decreased incidence of HAPU
- Stratified data on HAPU by stage of ulcer
- Introduced new nutrition products
- Reinforced use of Waffle cushions
- Streamlined processes for Wound Registry
- Introduced new incontinence management products
- Reduced concurrent use of sequential compression devices and systemic anticoagulants
- Increased compliance with medical assessment of wounds upon admission and weekly

Quality Monitoring


- Organizational
- Medicine
- Wound Care
- Nursing

Quality Monitoring – Nursing/Wound Care

- Electronic reports to validate assessment
 - ❖ Braden Scale Absent report
 - ❖ Skin/Wound Occurrence documentation
 - ❖ Sequential compression boot clinical need
- Mattress type and settings
- Bedside availability of cushions and incontinence care products
- Compliance with policy and use of assistive patient movement devices

Provider Audits

Documentation & Orders New Admissions



Patient Label

Addressograph

New England Sinai Hospital
Medical Staff Wound and Skin Care Monitor
Source Document: Wound Registry
Scope of Review: New admissions with wounds

| # | Yes | No | N/A | Quality Measure |
|---|--------------------------|--------------------------|--------------------------|---|
| 1 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | MD/PA documents a thorough skin assessment within 24 hours of admission? |
| 2 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | MD/PA documents staging and description of each wound within 24 hours of admission |
| 3 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There is evidence of weekly Round Care Team rounds which include assessment, and full description of each wound, progress and tx plan |
| 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | MD/PA writes order for wound care consult ordered for Stage III, IV, STDI or unstageable wounds within 24 hours |
| 5 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Admitting MD/PA writes orders for each wound within 24 hours using the Wound Protocol and writes appropriate orders. |
| 6 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Were recommendations from nutrition staff addressed in medical orders? |
| 7 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Were recommendations from wound care nurses addressed in medical orders? |
| 8 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | For pts with Stage I or II wounds, there is evidence of weekly skin assessments and plans. |

Comments: _____

Action Taken on any Identified Issues


| |
|--|
| <input type="checkbox"/> Discussion at Medical Staff Meeting |
| <input type="checkbox"/> Immediate education of MD or PA |
| <input type="checkbox"/> In-service/ education of staff |
| <input type="checkbox"/> Additional orders/Clarification of orders |
| <input type="checkbox"/> Additional documentation in record |

Date of Review: _____ Name of Reviewer: _____

Form revised on: 7/16/10

Nursing Audits

Risk Assessment, Documentation, Plan of Care



Patient Label

Addressograph

New England Sinai Hospital
Medical Staff Wound and Skin Care Monitor
Source Document: Wound Registry
Scope of Review: New admissions with wounds

QUALITY MONITORING WORKSHEET

HIGH RISK PROCESS: PRESSURE ULCER CARE

SAMPLE 10 RECORDS PER UNIT PER MONTH

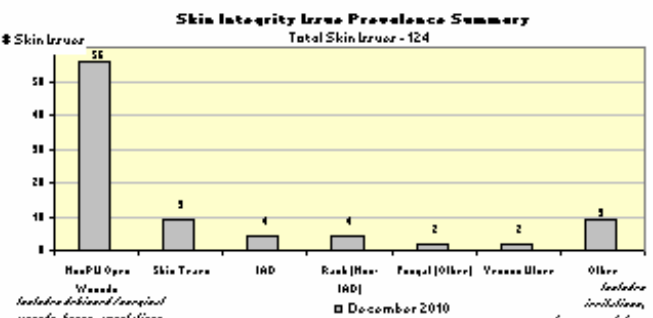
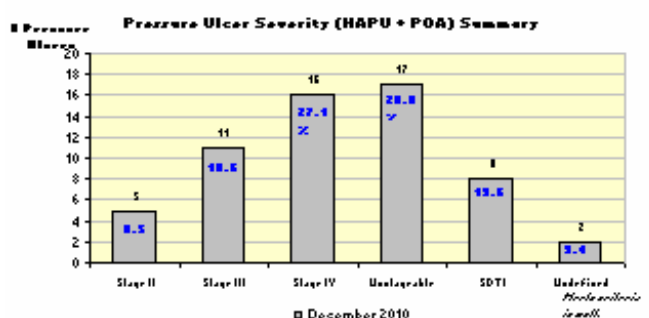
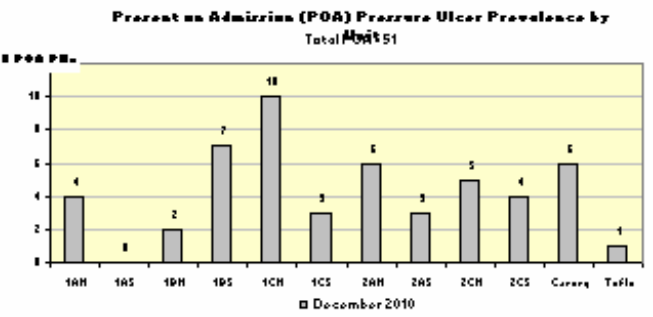
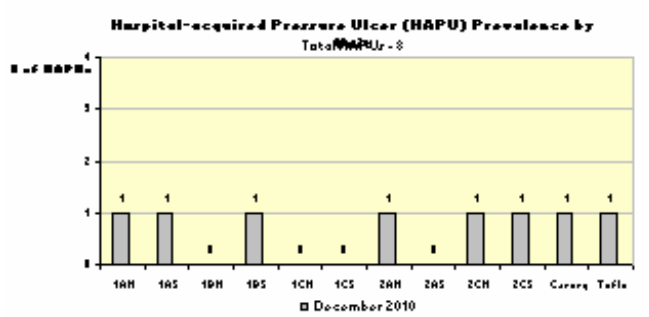
| YES | NO | N/A | QUALITY MEASURE |
|-----|----|-----|---|
| | | | On admission: |
| | | | Bradenscale completed* |
| | | | RN and provider skin assessment within 24 hours of admission |
| | | | POA findings documented on proper form in medical record |
| | | | Photo present and labeled |
| | | | Description section complete including measurement and location |
| | | | Multiple wounds are documented on separate forms |
| | | | Wound site addressed in Plan of Care, including preventive measures |
| | | | Order/protocol entered into Meditech and implemented |
| | | | On going assessment and care |
| | | | Re-assessed (with Braden Scale) 48 hours after admission |
| | | | Wound site addressed Q shift each week |
| | | | Evidence of MD/NP/PA and RN review weekly (by staff or wound team) |
| | | | Photo present and labeled |
| | | | Description section complete including measurement and location |
| | | | Multiple wounds are documented on separate forms |
| | | | Order/protocol entered into Meditech and implemented |
| | | | Plan of Care revised and updated |
| | | | Wound Team consult ordered for highest (stage III, IV, or unstageable) pressure ulcers, suspected deep tissue injury, hospital acquired wounds, complex wound or VAC Therapy wounds, worsening wounds |
| | | | Wound Consult completed within 24 hours |

* If not complete, indicate which section(s) in the "comments" section

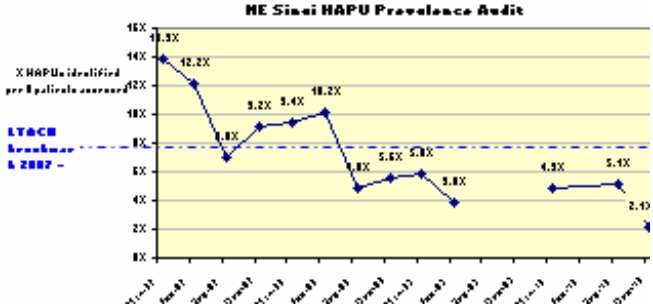
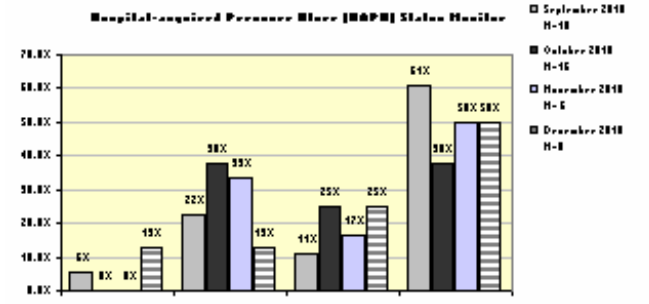
COMMENTS:

Skin and Wound Program Quality Dashboard

Inpatient Wound Care Demographic Data



Inpatient Wound Care Outcome Data




Communication, Communication, Communication

- Reports
 - ❖ Payors
 - ❖ Regulators
 - ❖ Accreditors
- Patients/Families - letters
- Town meetings
- Board of Director communication process change
- Patient Care Assessment Committee monthly update
- Medical Performance Improvement Committee
- Quality Management reporting changes



Communication – Clinicians

This message was sent with High importance.

From: Slotnick, Gail
To: Nurse Coordinators; Nurse Managers; Assistant Nurse Managers; Wing Secretaries; R Wing 1C Staff; Wing 2A Staff; Wing 2C Staff; Carney Wing; Tufts Wing
Cc: Madigan, Janet; Urquhart, Mary Beth
Subject: Hygiene Foam reminder
Attachments:  Hygiene Foam.ppt (65 KB)



*Please use hygiene foam to bathe, cleanse and safeguard the skin of our **incontinent patients** at risk for and/or with active **incontinence associated dermatitis (IAD)**. This product is available in each unit supply room and is stocked by CSR.*

Thanks for your support with this.

Email
Attestations
Huddles



CLINICAL PRACTICE ALERT
(PLEASE POST IN THE COMMUNICATION BOOK)

To: Nursing Department Staff
From: Mary Beth Urquhart
Date: May 10, 2011
Topic: Safe Patient Handling

Success Stories – Internal & External Stakeholders

A Team Approach to Wound Care Delivery

The teamwork approach to wound care delivery is alive and well at New England Sinai Hospital. Nursing, Medicine, Therapies, Nutrition and Respiratory work collaboratively to ensure that our patients with wounds receive consistent and compassionate care. This was never more evident than in our recent interaction with a complex and challenging patient admitted to 1C for wound care. Sinai clinical and support departments all played critical roles in supporting AB during his stay and collectively worked to get him better.

A complicated course

Like many of our patients, he had complex medical and nursing needs. He became a quadriplegic following a motor vehicle accident. He came to Sinai with multiple wounds (ten in all) after a two-month acute hospital stay. The multiple wounds were a result of infections, prolonged bedrest and significant pain – limiting AB's capacity to turn and reposition. On his arrival to 1CN the clinicians and support team implemented a coordinated plan of care for his wounds and to prevent further skin breakdown. The Braden scale was used to measure his risk for skin damage. Goals for AB included improving pain management, optimizing nutrition, enhancing wound healing and gradually encouraging mobilization.

Thanks to the dedicated teamwork on 1CN, many of the patient's goals were met, a large percentage of his skin healed and he was discharged and returned to his residence in mid-February.

Open and clear lines of communication

LizAnn Rhodes, RN, recalls spending a great deal of time reassuring him and gaining his confidence in order to optimize his care. "He was so afraid to move. We had to have two or three people in with him to help turn or do any dressing changes. I was always looking at him or talking him through any physical activity."

She says that the support of the wound care team was key in supporting the nursing staff as they provided direct care. "Vivian was always there or responded quickly when we needed some advice or direction. She would always listen to our input," she added.

Valued wound care expertise

Dr. Weinreb worked closely with nursing and the wound care team to make sure all aspects of the patient's care was coordinated. LizAnn commented that working closely with Dr. Weinreb was helpful. "He has respect for the nursing staff which is something we appreciate."

Vivian Sternweiler, MSN, wound care RN, assessed the patient on admission from head to toe, reviewed findings and plan of care recommendations with Dr. Weinreb and nursing to assure that the communication loop remained continuous and consistent – a safety mechanism usually called a "handoff."

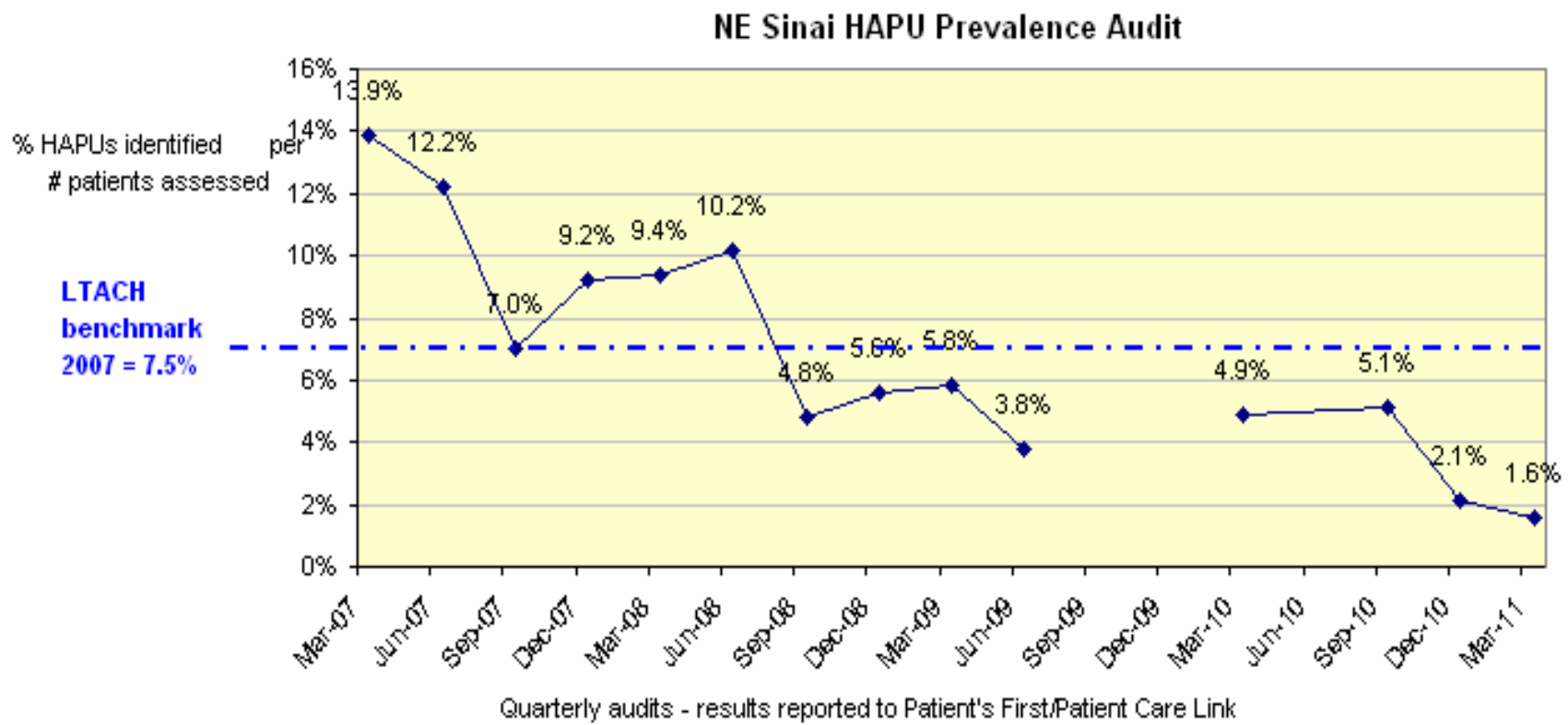
A difficult hand

Many of the patients we care for have been dealt a difficult hand and this patient was no exception. As a long-term, acute care facility, Sinai has to be prepared to manage and care for patients that are suffering great physical and spiritual loss. The carefully orchestrated teamwork in this case shows Sinai at its best. What we learn from one patient helps us care for the next patient.

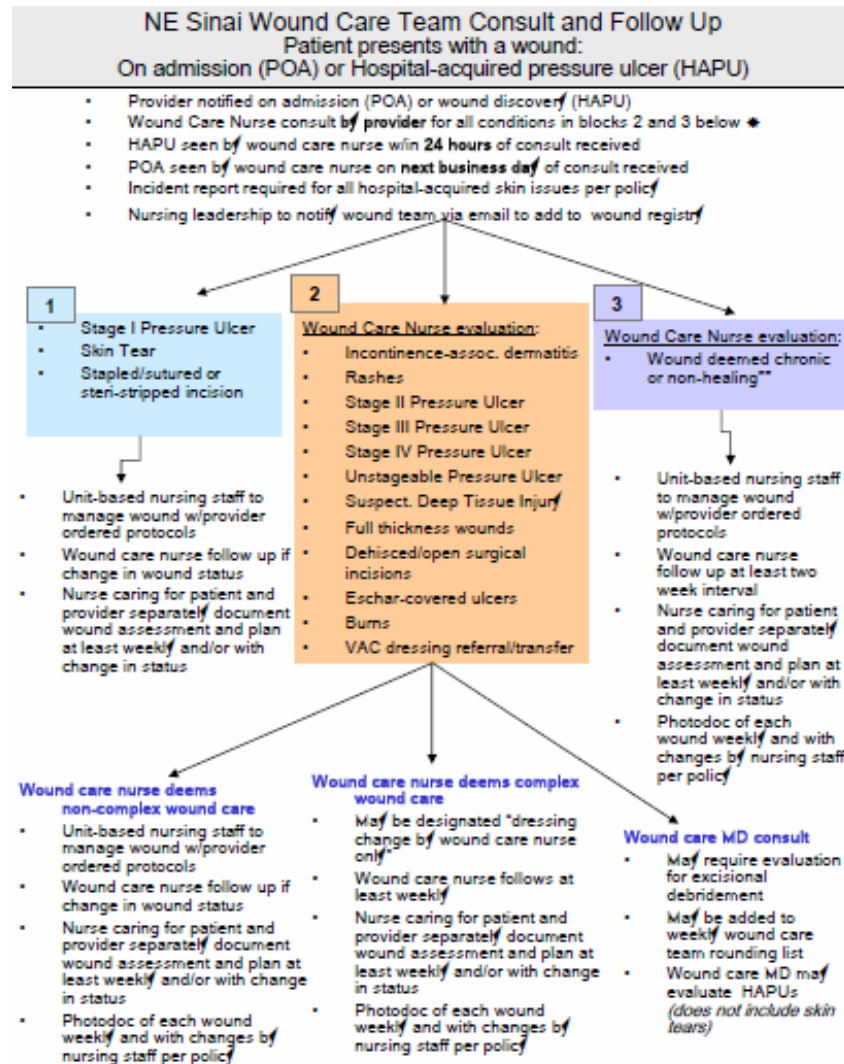


Team from left to right: Heather Revalcon, Wound Care RN, Noah Rosen, MD, Director, Inpatient Wound Care, Stella Floru PA-C, Kathy Jones, RN 1C, Diane Sonia, RN, Resource Nurse 1C, Connie Barksdale, PA-C, Donna Maccaff, Wound Care RN, Michele Anderson, Wound Care RN and Yaskov Weinreb, MD, attending physician.

Evolution with Outcomes



Wound Policy and Practice Refinements



Strategic Quality Goals

Goal for next 12 months

Strategic Goal

Oct 2010 – Sep 2011

As of 5/31/11

Interventions to achieve goals

Reduce inpatient falls resulting in major injury

≤2

1

Fall Task Force which includes bedside Nursing, Environmental Services and Pharmacy staff

Reduce the number of Stage III and IV hospital acquired pressure ulcers

≤7

1

Pressure Ulcer Task Force
Weekly wound rounds
New Nutrition Products
Ongoing monitoring by Nursing and Medicine.

Reduce Hospital Acquired infections:

- Vent Pneumonia
- Catheter Associated UTI
- C-Difficile
- Central line infection

≤5

3

≤43

30

≤40

49

≤12

2

Removal of unnecessary catheters and IV lines
Curoc port protectors
Hand Hygiene Compliance
Antibiotic Stewardship
C-Diff Collaborative/Team
Foley Catheter Care Team with Physician Champion

Short and Long Term Goals

- ↓ HAPU incidence
 - ❖ ½ in 12 months
 - ❖ 0 in 3 years
- Full time MD director inpatient/outpatient wound care
- Grow outpatient wound care program
- Develop NE Sinai Hospital wound care clinicians